



No Worries

Three Ways to *Steep* Your Life in Prayer

Pastor Ryan Bunbury

July 16, 2023

SERIES TEXT: Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life." Philippians 4:6-7 MSG

SERIES BIG IDEA: If you will turn to God in prayer, He will do for you what you cannot do for yourself.

"Reading the book has been a blessing and a reminder, especially in these strange times, that we can turn all our concerns and worries to the Lord." - Mona L. Windmueller

"Taking a few extra minutes to *steep* your mind in prayer will make today taste that much better. God will help you settle whatever bitter things are upsetting you and fill your heart with the comfort of His peace." - Rev. Ryan Bunbury, *No Worries: How Turning Worry into Prayer Changed My Life*

THREE WAYS TO *STEEP* YOUR LIFE IN PRAYER

I. DO IT WITH OTHERS.

- ♦ Who is someone I can take along with me in prayer?
- ♦ So GIDEON TOOK TEN OF HIS SERVANTS... and did as the Lord told him. But because he was afraid of his family and the men of the town, he did it at night rather than in the daytime. Judges 6:27 NIV

TWO Jesus Questions:

- 1) Who is your apprentice? _____
- 2) When did you last meet with them? _____

Jesus' FIVE-Step Apprenticeship Model:

- 1) I do, you watch, we talk about it.
- 2) I do, you help, we talk about it.
- 3) You do, I help, we talk about it.
- 4) You do, I watch, we talk about it.
- 5) You repeat the process with someone new

II. DO IT WITH GOD

- ♦ As I talk with the Lord in prayer, what do I sense Him telling me to do?
- ♦ So GIDEON took ten of his servants and DID AS THE LORD TOLD HIM... But because he was afraid of his family and the men of the town, he did it at night rather than in the daytime. Judges 6:27 NIV
- ♦ $32,000 - 31,700 = 300$ i.e., $>1\%$
- ♦ The Lord said to Gideon, "With the three hundred men that lapped [like a dog] I will save you and give the Midianites into your hands. LET ALL THE OTHER MEN GO, each to his own place." Judges 7:7 NIV
- ♦ Who or what do you need to let go of?

III. DO IT AFRAID

If I'm most honest, the greatest fear I have about sharing my faith with others is

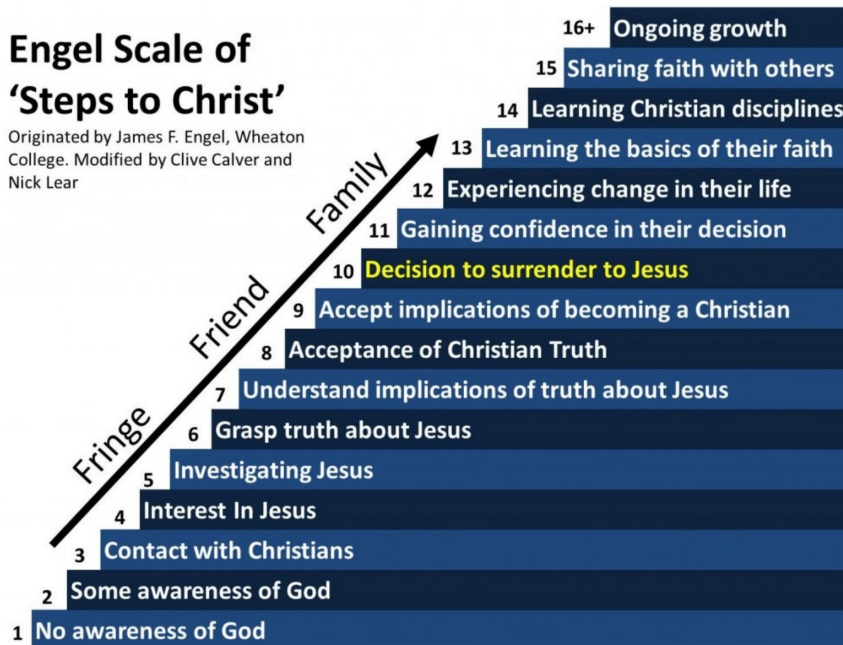
- ♦ So GIDEON took ten of his servants and did as the Lord told him. But because he was AFRAID of his family and the men of the town, he DID IT at night rather than in the daytime. Judges 6:27 NIV



Modified Engel Scale

Engel Scale of 'Steps to Christ'

Originated by James F. Engel, Wheaton College. Modified by Clive Calver and Nick Lear



SALVATION PRAYER:

Dear Jesus, I repent of my sin. Please be my Savior and Lord. In Jesus' Name, Amen