



No Worries (Part 7)

Three Comforting Words from Psalm 91 To Pray When Facing Troublesome Times

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August 13, 2023

SERIES TEXT: Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life." Philipians 4:6-7 MSG

SERIES BIG IDEA: If you will turn to God in prayer, He will do for you what you cannot do for yourself.

"Prayer brought me a deep sense of peace and comfort, which allowed me to focus on my relationship with Jesus rather than getting consumed by the chaos I was enduring." - Spencer Nelson

THREE COMFORTING WORDS FROM PSALM 91 TO PRAY WHEN FACING TROUBLESOME TIMES

I. **NO WORRIES! PRAY THE LORD'S PROTECTION**

- "Because he loves me," says the Lord, "I will rescue him, I will PROTECT him, for he acknowledges my name. He will call upon me, and I will answer him; I will be with him in trouble, I will deliver him and honor him. With long life will I satisfy him and show him my salvation." - The Lord, Psalm 91:14-16 NIV
- "Enjoying God's protection does not mean we will never suffer from illness or other issues." - Peter Colon, Cancer Survivor | bit.ly/PSALM91ARTICLE
- "In the same way turning worry into prayer has 100 percent changed my life, Jesus' prayer prescription will transform your life too." - Ryan Bunbury, *No Worries: How Turning Worry into Prayer Changed My Life*



II. **NO WORRIES! PRAY THE LORD'S PRESENCE**

- "Because ____ loves me," says the Lord, "I will rescue ____, I will protect ____, for ____ acknowledges my name. ____ will call upon me, and I will answer ____; I WILL BE WITH ____ IN TROUBLE, I will deliver ____ and honor _____. With long life will I satisfy ____ and show ____ my salvation." - The Lord, Psalm 91:14-16 NIV
- "We cannot rest in God until we nest in God. To nest is to settle, to abide." - Rev. Vance Havner

III. **NO WORRIES! PRAY THE LORD'S PROVISION**

- "Because he loves me," says the Lord, "I will rescue him, I will protect him, for he acknowledges my name. He will call upon me, and I will answer him; I will be with him in trouble, I will deliver him and honor him. WITH LONG LIFE WILL I SATISFY HIM AND SHOW HIM MY SALVATION." - The Lord, Psalm 91:14-16 NIV



The Salvation Prayer

Dear Jesus, I repent of my sin. Please be my Savior and Lord. In Jesus' Name. Amen.